



# Common Medicines use with Caution

Drug	Common use	Common side effects/risk factors
Diclofenac	Pain & Inflammation	Risk of heart attack or stroke(on long term use & pre existing heart disease), Gastric ulcers/bleeding, Kidney dysfunction.Not to be used just before or after bypass surgery of heart
Aspirin	Pain,Fever & Inflammation Blood thinning agent in low dosage in heart patients	Gastric/Intestinal ulcers/bleeding Do not give this medication to a child or teenager with a fever, flu symptoms, or chicken pox. It can cause Reye's syndrome, a serious and sometimes fatal condition in children.
Ibuprofen	Pain,Fever & Inflammation	Risk of heart attack or stroke(on long term use & pre existing heart disease),Gastric ulcers/bleeding Kidney dysfunction.Not to be used just before or after bypass surgery of heart  May also cause serious effects on the stomach or intestines, including bleeding or perforation (forming of a hole). These conditions can be fatal and can occur without warning while you are taking ibuprofen, especially in older adults.
Phenylpropanolamine	Common Cold, Flu, Hey Fever	Allergic Reaction (difficulty in breathing, closing of Throat, Swelling of Lips, Tongue or Face, Seizures) Irregular or fast Heart Beat, Dizziness, Headache, Drowsiness, Vomiting, Sweating, Anxiety, Insomnia
Loperamide	Diarrhoea	You should not use if you have stools that are bloody, black, or tarry, or if you have diarrhea that is caused by taking an antibiotic, history of liver disease.  It may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert. High dose may lead to Paralytic Ileus
Omeprazole	Acidity in the stomach or burning sensation inside chest (heart burn), reflex disorder	Common side effects may include : fever, cold symptoms such as stuffy nose, sneezing, sore throat, nausea, vomiting, mild diarrhea; or headache. Long term use reduce stomach acidity greatly which may lead to indigestion & infection
Cetirizine	Common cold, allergy sneezing, itching	May impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert. Don't take alcohol which can increase certain side effects of cetirizine & other medicines which may induce sleep.
Alprazolam	Anxiety disorders, panic disorders, and anxiety caused by depression, insomnia	Do not use alprazolam if you are pregnant. It could harm the unborn baby. Should be avoided by patients of Asthma, Glaucoma, Kidney or liver disease history of alcoholism, or a history of depression, suicidal thoughts, or addiction to drugs or alcohol. It is habit forming
Paracetamol	Pain & Fever	Do not take this medication without a doctor's advice if you have ever had alcoholic liver disease (cirrhosis) or if you drink more than 3 alcoholic beverages per day.  Do not take more of this medication than is recommended. An overdose can damage your liver or cause death.
Nimesulide	Pain & Fever	It is hepatotoxic (damaging to the liver). The use of nimesulide in children under the age of 12 is contraindicated. Other side effects are Diarrhea, Vomiting, Skin rash, Dizziness, Bitterness in mouth Women should use the drug with caution during lactation and it is contraindicated during pregnancy
Antibiotics	Treatment of Bacterial infection, Protozoal infection etc	Fever, nausea, major allergic reactions, including photodermatitis and anaphylaxis. Common side-effects include diarrhea, resulting from disruption of the species composition in the intestinal flora, resulting, for example, in overgrowth of pathogenic bacteria, such as Clostridium difficile. They can also affect the vaginal flora, and may lead to overgrowth of yeast species of the genus Candida in the vulvo-vaginal area

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